

Neuro Linguistic Programming (NLP) Practitioner - Performance Management

Duration 12 Days

NLP provides tools for success, plain and simple. Enabling change and creating tools for excellence allow us to be excellent at what we focus on. Many people know NLP as an Advanced Communication Course. That does it such an injustice; it would be like saying Lance Armstrong is just a cyclist. NLP has been successfully applied in many professions including education, sales, business, medicine, sport, law and communications. So – if you want to communicate better with yourself and those around you in personal, professional or leisure areas of your life, NLP has the tools to enable you to do this.

Learning Outcomes

Upon successful completion of this course delegates will:

Have learnt the following patterns and techniques of nlp:

Sensory acuity, outcome strategies, sub-modalities,

Strategies of modelling, anchoring

Language and persuasion patterns

Logical levels, meta-programmes

Creating metaphors

Understand and use the presuppositions of nlp

Understand how to establish rapport with anyone quickly and easily

Understand and use pacing and leading: how to influence with integrity

Establish a link between their conscious and unconscious minds

Understand representational systems: making your communication more powerful

Understand how to create empowering states in themselves and others

Create instant confidence and unstoppable motivation

Understand how to create and use powerful metaphors

Understand how to “run your own brain” and control how you feel

Understand perceptual positions: prerequisites for inner wisdom

Understand reframing: how to redefine ‘problems’ as opportunities and resources

Be able to elicit existing strategies and install new ones

Pre Learning Requirements

There are no prerequisites for this course just an open mind and desired outcome.