

## Four Day First Aid at Work Course

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Duration: 4 days

This course is an HSE recognised course in line with First Aid at Work regulations 1981 and provides a 3 year qualification. The successful candidates once qualified will be First Aiders in the workplace.

The course will include:

- The most current first aid techniques
- In depth training in reporting and identification of casualties
- Triage
- Recognition and treatment of different types of injuries
- Life saving techniques and procedures
- Course concludes with an external trainer assessment of student skills

## Pre requisites

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There are no prerequisites for this course

For in house training there is a maximum limit of 12 attendees